

2019 PMH & NHMRC Home Care Medical Plan	
	COBRA Monthly
EE Only	\$837.31
EE / Children	\$1,385.89
*EE / Spouse	\$1,345.92
*Family	\$1,923.84

2019 PMH & NHMRC Home Care Dental Plan	
	COBRA Monthly
EE Only	\$ 34.92
EE / Children	\$ 87.30
EE / Spouse	\$ 66.30
Family	\$ 119.34

2019 PMH & NHMRC Home Care Vision Plan	
	COBRA Monthly
EE Only	\$ 11.14
EE + 1 Dependent	\$ 21.19
Family	\$ 30.41